

# H4U Staff complete a Gold Youth Achievement Award



Pictured are Ann Allan (Health Improvement Practitioner) Jennifer Johnstone (Health Improvement Senior-Manager, H4U Youth Health), and Margo Hannah (Health Improvement Assistant Practitioner)

H4U Manager, Jennifer Johnstone and staff (Ann Allan, Margo Hannah and Sarah Darroch) recently completed a Gold Youth Achievement Award.

H4U Youth Health is a youth health service based in the North East Sector of Glasgow City Community Health Partnership. We are part of NHS Greater Glasgow and Clyde and work with and support, youth providers, to improve the health of the young people.

H4U offers an extensive package of support to youth providers; from identifying young people's health needs, to effectively responding to them. Through upskilling and asset building with youth workers, with health topic-based information, they become equipped with the skills necessary to pass on key health messages to the young people they work with.

The Gold Youth Achievement Award (YAA) is accredited by Youth Scotland and involves undertaking and completing 8 challenges for a minimum of 15 hours each (including a presentation). The set criteria focuses on the planning, organisation and leadership of your own activities. Jennifer Johnstone, Manager - H4U Youth Health said;

“H4U staff chose to undertake a Gold YAA for a number of reasons. Working towards the Award helped us to understand what is involved and how it fits in with the H4U process (how to encourage youth providers to be accredited for the health-based group work they are undertaking within their services). It also helped highlight the work that we have planned, organised and led on (fitting in with the criteria of the Gold YAA).

Jennifer continued

“It has been a very worthwhile and valuable experience. We would recommend other youth providers to consider undertaking the Award and encouraging their young people to do it too!!”

Contact H4U on T: 0141-232-7213

For further information on Youth Achievement Awards, contact YoMo on T: 08444 148296 (new local rate number)