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YoungMoversGlasgow



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YoMo NeLe

THE NEWSLETTER FOR YOUNG MOVERS

Welcome to the Christmas edition of **YoMo NeLe**!

After a year like the one all of us have been through, the holiday season can't come soon enough. As with the rest of it's deliveries this year, **Young Movers Glasgow** has been working hard to keep the Christmas spirit up as much as possible during these times. In this issue we'll be reflecting on our favourite things about the holidays, with some help from the Tannahill Group's Lyndsey who returns with two articles this time!

As YoMo neared the Christmas break, staff worked harder than ever to put together gifts for the young people and volunteers involved in groups and projects, putting together activity packs with arts and crafts sets, hand sanitiser, snacks, as well as an invite to the YoMo volunteers Christmas party which took place on the 18th via Zoom and featured quizzes and other fun games. Some who were more in need of basics over the holidays also received vouchers for groceries. Feedback from the young people, as you can read below, was very positive.



Declan was one of many staff members who helped put together the packs, pictured here before delivery

"Thank you so much guys, I am over the moon! I get my fridge tomorrow for my new house in the flats, now I'm going down to farmfoods to stock up my house with cupboard food. Thank yous so so much for everything"

"Thank you so much for my gift last night, especially the Asda gift card, a huge help right now for Christmas. All the arts and crafts will definitely be used to keep my occupied again thank you so much"



We all know of the basic Christmas story, but exploring the folklore of the past reveals a more sinister side to the Holiday. Lyndsey investigates...

THE DARK SIDE OF CHRISTMAS

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When we think about Christmas time, we think about family gatherings, Santa and the presents that we really really need otherwise life just wouldn't be the same. We would become all grumpy because we never got what we really wanted, even though we have spent the last three to four months trying to convince our parents that we still believe in Santa and would be the happiest child alive if only we got what we wanted. I mean how hard can getting the things we want be for parents?

Apart from all the usual above, which I'm sure is on all teenagers' minds, do we really think about the dark side to Christmas? "What's that?" I hear you all asking. Well, have you ever heard of **KRAMPUS**?

Krampus is half demon half goat. In Austria, they hold Krampus festivals on the 5th or 6th December which is known as St. Nicholas Day. They hold a parade where the men in the village dress up with wooden masks and then they run around like idiots trying to scare the hell out of kids. How nice... I don't think so!



A follower of Krampus dressing up at a festival

You might be thinking Krampus sounds a bit like something out of a horror movie and you would be sort of right. Krampus came from pagan celebrations for the winter solstice.

While Santa is the good guy, Krampus is his evil little assistant who likes to steal Santa's spotlight. If you are on the naughty list then keep a look out for this guy!

He watches for all you that do things to get on the naughty list and will come and find you. He will take you away and depending on what you have done he will either whack you with birch sticks (big sticks) or take you down to **HELL** to torture or to even eat you if he is feeling hungry. Beware of the thing that appears that has hooves for feet, very sharp teeth, slithery tongue, and horns like the devil. If you meet this guy? Nae luck pal, as you're done. There are no presents that you wanted or fun times to have. So my advice is to try and stay on that nice list and meet the big fat good Santa.

"OH MY GOD!" YOU SAY. WELL, YES.



LYNDSEY'S CHRISTMAS MOVIE LIST

Aside from investigating folklore, Lyndsey's also watching some movies this holiday season. Check out her top 5!

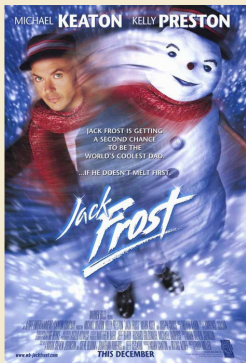
Rare Exports (15)

It isn't one of the most popular Christmas movies, but trust me when I say that Rare Exports is worth watching. This movie is about a little boy, his dad and a few family friends, finding out the truth of Santa and his helpers.

This Finnish movie had me on a roller coaster of emotions, always wondering what's gonna happen next. Sometimes I was scared, other times I was sad, but I was mostly laughing my head off! This movie is a must watch for anyone of age, believe me when I say that the age rating isn't joking.



Jack Frost (PG)



Jack Frost is a story about the relationship of a father and son that don't spend as much time together as they should have. When the father dies in a car crash, he becomes a snowman, from this he learns that he has one more thing to do before he goes, and that is to become a real father to his son.

Now although I think the snowman is very creepy, this movie had me in tears at the end. Another must watch movie that will remind you that no matter what happens, always keep your family close and tell them you love them as much as you can.

Elf (PG)

Ah, Elf. The classic childhood Christmas movie. I don't know about you, but whenever I think of Christmas movies, Elf is always the first one that comes to mind.

Elf is one of those movies that either has you confused, sad, happy or just plain laughing. Every single time I finish watching this movie, I always think of food combos that would be worse than spaghetti with cereal, syrup, etc. What's your worst food combination? Let's see who has a dish more disgusting than mine!



Miracle on 34th Street (PG)



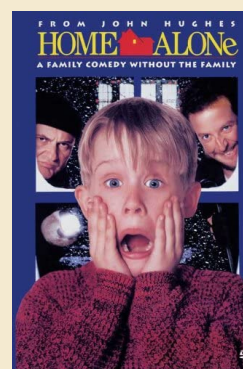
Miracle on 34th Street is another emotional roller coaster. This movie is about how Santa went to jail and had to convince teenagers and adults that he really does exist, and he does this in a really funny way!

I'll let you watch it to find out for yourself, but this movie is great to watch with your family (like the movies above), so make sure you see it at least once this year.

Home Alone (PG)

Home alone is another Christmas classic, this movie follows a boy named Kevin, and how he defended his home (multiple times) from a duo of robbers that call themselves the 'Wet Bandits'.

Although everyone else thinks it's hilarious when someone gets hurt, I can't help but cringe. If you're in need for a good laugh then make sure to watch Home Alone. If you're up for a challenge, try watching all 5 movies!



NEXT PAGE:

YoMo staff give their own favourite Christmas movies, songs, and even foods!

Yo-Mo Staff Picks

We polled Linda, Natalie, Connor and Caitlin from the staff to find out what their favourite Christmas stuff is. From movies to songs to food, we found a pretty varied spread! If you want to share your own Christmas favourites, let us know on our Facebook or Twitter!

FAVOURITE CHRISTMAS MOVIE?

LINDA: Holiday as I am an old romantic at heart and Elf as I just love the innocence of it.

NATALIE: The Muppets Christmas Carol

CAITLIN: So, my favourite Christmas movie would have to be Miracle on 34th Street (1994), I feel it's an underrated Christmas film but always a favourite for me when I watch it each year!

CONNOR: Jingle All The Way. It's the only movie where you can see Arnold Schwarzenegger vs. The Big Show.



It's true, as far as we know!

FAVOURITE CHRISTMAS SONG?

LINDA: Last Christmas. This is the first Christmas song I remember that I liked. It was all Shakin' Stevens before this. I so wanted to go to a log cabin like the one in the video.

NATALIE: All I Want For Christmas is You by Mariah Carey

CONNOR: Michael Buble's cover of "Santa Baby"

CAITLIN: Favourite Christmas song would have to be the Step into Christmas by Elton John! It's a tune and reminds me of dancing and singing with friends at Christmas time.

FAVOURITE CHRISTMAS FOOD?

LINDA: Full Turkey dinner – I love cooking it and I love eating it. My mum did a great Christmas dinner when I was growing up, and I love doing it for my children now.

NATALIE: Mince Pies (Greggs ones are the best!)

CONNOR: I also think mince pies are the best. If the holiday season has passed and I'm not 100% sick of the very sight of mince pies then that's a sign I've failed.

CAITLIN: Favourite Christmas food is a tough one! I loooooove Christmas food, it would have to be between roast tatties, nut roast or a cheese board! YUM!!